# MENU

## **HOT STUFF**

Coffee	short	tall	grande
Filter	18	20	28
Americano	19	23	31
Cappuccino	22	29	36
Latté		29	36
+ Decaf 1 + Cream 6 + Sova	6		

Hot Drinks	short	tall	grande
Chai latté	26	32	38
Milo	26	32	38
Hot choc	26	32	38
White hot choc	26	32	38
Mochaccino		36	40
White mochaccino		36	40
+ Shot espresso 10			
Coconut hot choc with coconut flakes		37	40

Espresso single 16 | double 21

Tea	tall	grande
Rooibos/Five Roses/Earl Grey	17	22
Green Tea with mint		

## + Honey 6

## **COLD STUFF**

#### Sodas 300ml 16

Coke | Fanta Orange | Cream Soda | Sprite | Coke Zero | Sprite Zero

#### Mixers 200ml 15

Soda I Tonic I Ginger Ale

#### Tisers 23

Apple I Red Grape

#### Bos Ice Tea 23

Peach I Lemon

#### Monster Energy Drink 500ml 28 New

#### Cordials 60ml 6 New

Passionfruit I Cola Tonic I Lime

#### Happy Culture Kombucha 32 New

Rooibos & Chai | Blueberry & Basil | Ginger & Lime

#### **Mineral Water**

Sparkling/Still 500 ml 12 l Still Pump 750 ml 17

#### Sir Fruit Juice 350 ml

Orange | Cranberry & Apple 24 Strawberry | Mango 26

#### Sir Fruit & Veg Blend 350 ml 24

Subject to availability: Cool Carrot (apple, carrot & other fruits) Green Machine (apple, spinach & other fruit/veg)

#### Bubble Tea 350 ml 28 New

Peach infused rooibos tea served on ice with passionfruit bursting boba

## **COLD STUFF**

#### **Double Thick Milkshake 38**

Strawberry | Choc | Coffee | Vanilla | Popcorn | Chai

#### French Vanilla Iced Latté 28

Latté served with a dash of vanilla and ice cubes

+ Vanilla ice cream 9

#### Iced Coffee 350 ml double 30 I single 28

A shot espresso, milk and ice cubes

## **QUENCHERS**

#### Picnic Juice 30

Lemon and lemongrass home-made cordial with soda water

#### **Tropical Vanilla 30**

Granadilla and vanilla home-made cordial served with soda water

#### Charlie's Ginger 30

Ginger home made cordial served with soda water

#### Berry Tea Blush 31

Strawberry and vanilla tea mixed with berries, mint & ginger ale

## **BOOZY DRINKS**

#### Beer 330 ml

Castle Light | Black Label | Flying Fish Lemon | Windhoek 25 Heineken 28

#### Cider 340 ml

Savannah Dry I Hunters Dry 26 New



House wine by the glass 200ml White I Red 40 Hartenberg Alchemy White Blend 130 New Koelenhof Koelenberg Red Blend 105 New

## **SMOOTHIES**

+ VANILLA MILK 3

#### Strawberry Fields Forever (no dairy or added sugar) 42 Strawberry, berry and mint smoothie with a dollop of honey

## Monkey Punch (no dairy or added sugar) 39

Dried cranberry, pineapple and banana smoothie with toasted almonds

#### Paradise Explosion (no dairy or added sugar) 39 Peach, pineapple and mango smoothie

#### Spiced Girl 35

Blended Chai with ice and milk

## **PURE MORNING**

#### French Affair 50 Half portion 27

Sink your teeth into slices of warm cinnamon French toast with chopped with herbed cream cheese and pecan nuts & maple-flavoured syrup. glazed cocktail pork sausages.

+ 40 g Crispy streaky bacon 16

#### **Bob's Favourite 33**

Every minion's dream! Two slices banana bread with a farmhouse streusel served toasted with butter.

#### Oatsooo Bowl 38

Oats and chia seeds soaked in coconut milk, arranged with a mango-pine smoothie & seasonal fruit. Garnished with turmeric toasted nuts with coconut.

#### Rosy Cheeks 79

Pure's homemade muesli (think nuts, + White/brown 10 coconut, cranberries and more) with plain double cream yogurt and a dash of honey. Fresh seasonal fruit salad adds colour to your cheeks.

#### **American Beauty 57**

Sometimes there's so much beauty in the world! Enjoy two flapjacks with crispy bacon, maple-flavoured syrup and créme fraiche

## V Eye of a Tiger 55

Gloriously yummy to fill that tummy! Two mielie & chive flapjacks, served

#### Yebo Gogo Wrap 40

V Gogo always says breakfast is the most important meal of the day! Two soft fluffy scrambled eggs, tomato smoor & cheese tucked in a wrap.

- + 40 g Crispy streaky bacon 16
- + 40 g Chorizo 18 + 50 g Balsamic tomatoes 9

#### Omega Kick-Start 71

Get your daily supplement of omega. Two fluffy scrambled eggs stacked with smoked salmon trout, lemon v zest cream cheese and capers.

- + Rye toast 17

#### Bafana Boerie 55

This one will definitely score a goal! Deep-fried mieliepap balls with sheba & 150 g Boerewors.

#### Yoko Ono 45 New

- Zesty smashed avo on rye toast.
- + Fresh tomato slices 4

+ Bagel 13

+ Wrap 10

+ Ham 10

+ Omelette 18 + Flapjack 13

+ Banana bread 18

## PIMP YOUR OWN...

We realise the budget doesn't go all the way... BUILD your own BREKKIE, OMELETTE, WRAP OR TOASTED SARMIE **PLEASE NOTE: MAX 3 TOPPINGS!** 

#### **CHOOSE YOUR BASE**

- + White/brown toast 10
- + Rye toast 17
- + Toasted sarmie rye 25
- + Toasted sarmie white 14 + Toasted sarmie brown 18

#### **CHOOSE YOUR PROTEIN**

- + Egg 6
- + 40 g Crispy streaky bacon 16 + 40 g Chopped bacon 15 + 30 g Cheddar/Mozza 9

- + 60 g Cocktail pork sausages 18
- + 150 g Boerewors 38

#### CHOOSE YOUR TOPPING

- + 30 g Basil pesto 16
- + 30 g Caponata 21

- + 50 g Balsamic roasted tomatoes 9 + Quarter avo (subject to availability) 27 + 30 g Lemon zest cream cheese 11
- + Fresh tomato slices 4

  - + 30 g Sheba 4 + 60 g Marinated mushroom 21 + 30 g Caramelised onion 5 + 10 g Rocket 5

+ 40 g Grilled haloumi 14 + 40 g Chorizo 18 + 40 g Salmon trout 50 + 30 g Emmenthal 11

+ 80 g Chicken mayo 18

#### MENU EXTRAS

- + Syrup 4
- + Jam 6
- + Honey 6
- + Butter 5 + Chutney 3
- + Sweet chilli 3
- + Side salad 25

## V vegetarian

CS Carb conscious

new addition to menu

## **ENLIGHTENMENT**

#### Pure Panini 67

Seared rump, wasabi mayo, rocket & cherry tomatoes served on olive/plain panini make for an unforgettable meal.

#### 3 Flavours Panini 50

There's nothing predictable about the marriage of caramelised onion, roasted butternut and brie with rocket served on olive/plain panini.

#### Italian Panini 38

True love on a panini! Italian-style Caponata (southern Italy aubergine & tomato stew) served on an olive/plain panini. Perfect for vegans! + 30 g Mozzarella 9

#### The Hulk Panini 47

Enviously green basil pesto mixed into a creamy chicken mayo and smashed onto a panini. Kebam!

#### Indian Tikka Wrap 58

A toasted wrap that's loaded with tikka chicken, baby spinach and fresh red cabbage. Served with cucumber raita.

#### **Smooth Operator 70**

Two beef burgers. Beef patty, baby lettuce, sliced tomato, wholegrain mustard mayo and caramalised onions on a crispy bun. + Handcut chips 18

#### Earth Bound 75

Plant protein at it's best! Falafel patty, baby lettuce, sliced tomato and salsa verde on a crispy bun. + Handcut chips 18

#### Crazy Pollo 65 New recipe

These two crazy mini burgers will spice you up. Cajun chicken patty\*, baby lettuce, sliced tomato & harissa aioli on a crispy bun.

## Who let the dogs out? 57

+ Handcut chips 18

Cheese griller on a bun. Served with homemade tomato relish. Say no more, but... yum!

#### **Cheeky Chicken Livers 60**

Enjoy a bowl of chicken livers infused in red wine and livened up with a zing of garlic and chilli. Served with half an olive/plain

+ Half panini & butter 10

### Aubergine du Soleil 93

Aubergine stuffed with a cold filling of lemon zest-herby-nutty cream cheese, topped with a sizzling hot Napolitana sauce, parmesan shavings, rocket, and a sprinkling of nuts. Served with half an olive/plain

#### Hokey Pokey Salad 83 CS

You will have the uncontrollable urge to dance after this salad. Jerk chicken fillet with cucumber, cherry tomatoes, corn and baby lettuce. + 40 g Chorizo 18

#### Pig in a Wig 79

Grilled pork neck basted with lemon, thyme, garlic and olive oil. Folded into a toasted wrap and served with tzatziki and an apple & red onion

#### **Yellow Submarine 82**

If we all had yellow submarines, we could eat fish every day! Succulent fish goujons with served with aioli & handcut chips.

#### **Sharing is Daring Mac 'n'** Cheese 50

We all know sharing is caring, but in this case your won't dare to share! The cheesiest macaroni with bacon bits to warm your tummy.

#### Pasta Pronto 45 New

Quick and tasty is our aim! Pesto penne with a dash of parmesan.

Gatiep and Chong 34

Cape Town meets China... Smokin'! Three Cape Malayan bobotie springrolls served with chutney.

+ Extra springroll 11

### V Herbivore 76

Plant protein power! This guinoa & bulgar wheat salad with sauteed onions, sundried tomato, toasted seed mix will give you the energy

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- vou need
- + 30 g Feta 7 + 40 g Crispy streaky bacon 16

#### Smoking Mexican 32 Mexican at it's best... Cheesy

toasted quesadilla with chipotle corn & red onion salsa served with lemon zest cream cheese.

- + Sriracha mayo chicken 20
- + Veg chilli con carne 13
- + 80 g Seared rump 27

#### Nacho Libre! 57

Double the laughs! Double corn nachos, sour cream, fresh coriander, cheese & chives

+ 80 g Beef chilli con carne 15 + 80 g Sriracha mayo chicken 20

+ 40 g Chopped bacon 15 + 80 g Veg chilli con carne 13

#### + 40 g Guacomole 13 Seasonal Soups 45

Ask your waitron which soups we've got in stock for the day. Served with half an olive/plain panini.

PLEASE NOTE: All extras will be charged









